

AUGUST - 2019 -- NORTHILL

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
CYCLE 08:45 AM		Get Ripped 09:30 AM		CYCLE 09:15 AM		TKO 09:30 AM		CYCLE 09:15 AM		TKO 09:00 AM		Force 09:00 AM		
05	NO CLASS	06	Philomena V	07	Marisa B	01	Ron C	02	Lindsey W	03	NO CLASS	04	Patti H	
12	Marisa B	13	No class	14	Marisa B	08	Ron C	09	Lindsey W	10	No class	11	No class	
19	Marisa B	20	Philomena V	21	Marisa B	15	No class	16	Lindsey W	17	Ron C	18	Patti H	
26	Marisa B	27	George S	28	Marisa B	22	Ron C	23	Lindsey W	24	Ron C	25	Patti H	
Force 09:30 AM		ABSolution 30 4:00 PM		Zumba^ 09:30 AM		Master* Mobility 11:00 AM		Zumba^ 09:30 AM		CYCLE 09:15 AM		Zumba^ 10:00 AM		
05	Rachel D	06	Evie W	07	Alejandra K	01	Anthony H	02	Kim T	03	Scott W	04	Jeremy M	
12	No class	13	No class	14	No class	08	Anthony H	09	No class	10	Gita G	11	No class	
19	George S	20	Evie W	21	Jumana A	15	No class	16	No class	17	Jose B	18	Jeremy M	
26	George S	27	Evie W	28	Jumana A	22	Anthony H	23	Cody O	24	Jose B	25	Jessica M	
YOGA 4:30 PM		Force 4:30 PM		YOGA 4:30 PM		Force 4:30 PM		CYCLE 4:45 PM		Master Mobility 30 10:05 AM		YOGA 11:15 AM		
05	NO CLASS	06	Evie W	07	Catt W	01	Sara S	02	Marie N	03	NO CLASS	04	Gita G	
12	No class	13	No class	14	No class	08	Sara S	09	Marie N	10	No class	11	No class	
19	Gita G	20	Evie W	21	Catt W	15	No class	16	Ted W	17	Ron C	18	Gita G	
26	Rob W	27	Evie W	28	Catt W	22	Philomena V	23	Jessica (BHC) M	24	Ron C	25	Gita G	
CYCLE 4:45 PM		Zumba^ 5:30 PM		CYCLE 4:45 PM		Zumba^ 5:30 PM		Force 5:30 PM		Zumba^ 10:40 AM				
05	NO CLASS	06	Kim T	07	Lindsey W	01	Jeremy M	02	Diana S	03	Noy W			
12	Lindsey W	13	No class	14	Lindsey W	08	Jumana A	09	No class	10	No class			
19	Lindsey W	20	Nuleati W	21	Lindsey W	15	No class	16	No class	17	Noy W			
26	Lindsey W	27	Kim T	28	Lindsey W	22	Jumana A	23	Diana S	24	Noy W			
LIFT 5:30 PM		CYCLE 5:30 PM		Rush 5:30 PM		CYCLE 5:30 PM		Jerremy M		30				
05	NO CLASS	06	Marie N	07	Lindsey W	01	Marjorie M							
12	No class	13	Marie N	14	No class	08	Ted W							
19	Jeff E	20	Judy R	21	Lindsey W	15	Gita G							
26	Jeff E	27	Marie N	28	Lindsey W	22	Gita G							
Zumba^ 6:30 PM		ABSolution 30 6:30 PM		Strong by Zumba 6:30 PM		ABSolution 30 6:30 PM								
05	NO CLASS	06	Jeff E	07	Kelli H	01	Marjorie M							
12	No class	13	No class	14	No class	08	Jumana A							
19	Michelle B	20	Jeff E	21	Kelli H	15	No class							
26	Michelle B	27	Jeff E	28	Hiroe B	22	Jumana A							
		YOGA 7:10 PM				YOGA 7:10 PM								
		06	Gita G			01	Rob W							
		13	No class			08	Rob W							
		20	Terra F			15	No class							
		27	Terra F			22	Gita G							
						29	Rob W							