

# AUGUST - 2019 -- MIDNAPORE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 08:45 AM		MetX & Core 09:40 AM		CYCLE 09:40 AM		TKO 09:40 AM		CYCLE 09:40 AM		TKO 09:15 AM		CYCLE 09:15 AM	
05	<b>NO CLASS</b>	06	Wendy A	07	Jodi B	01	Wendy A	02	Wendy A	03	Wendy A	04	Jose B
12	Brittany C	13	Jodi B	14	Jodi B	08	<b>TBA</b>	09	Jodi B	10	Jodi B	11	Jose B
19	Brittany C	20	Jodi B	21	Jodi B	15	Tanya R	16	Jodi B	17	Jodi B	18	Jose B
26	Naliya M	27	Jodi B	28	Naliya M	22	Tanya R	23	Jodi B	24	Jodi B	25	Jose B
TKO 09:30 AM		Zumba^ 5:45 PM		ABSolution 30 10:30 AM		LIFT 5:45 PM		ABSolution 30 10:30 AM		CYCLE 09:40 AM		Zumba^ 09:30 AM	
05	Wendy A	06	Sixela F	07	Jodi B	01	<b>TBA</b>	02	Wendy A	03	<b>Cory</b>	04	Nuleati W
12	Tanya R	13	Sixela F	14	Jodi B	08	<b>TBA</b>	09	Jodi B	10	<b>TBA</b>	11	Nuleati W
19	Tanya R	20	Sixela F	21	Jodi B	15	<b>TBA</b>	16	Jodi B	17	Jessica (BHC) M	18	Nuleati W
26	Jodi B	27	Sixela F	28	Nola R	22	Cory F	23	Jodi B	24	Jessica (BHC) M	25	Nuleati W
CYCLE 5:45 PM		YOGA 6:45 PM		Force 5:45 PM		Zumba^ 6:45 PM						MetX & Core 10:45 AM	
05	<b>NO CLASS</b>	06	Hailey C	07	Sara S	01	Kimberly A					04	Wendy A
12	Jessica M	13	Hailey C	14	Sara S	08	Kimberly A					11	<b>TBA</b>
19	Cory F	20	Hailey C	21	<b>TBA</b>	15	Kimberly A					18	<b>TBA</b>
26	Cory F	27	Hailey C	28	Sara S	22	Kimberly A					25	Cory F
ABSolution 30 6:30 PM						29	Kimberly A			LIFT 10:30 AM			
05	<b>NO CLASS</b>									03	No Class		
12	Nola R									10	<b>TBA</b>		
19	Cory F									17	<b>TBA</b>		
26	Cory F									24	Cory F		
										31	Cory F		
										YOGA 11:30 AM			
										03	Jaimee S		
										10	Darci T		
										17	<b>TBA</b>		
										24	Darci T		
										31	Elyte B		