

# AUGUST - 2019 -- MACLEOD

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Strong by Zumba 09:40 AM		Force 09:40 AM		Rush 12:05 PM		Zumba^ 6:30 PM		Force 09:40 AM		Force 09:15 AM		Force 09:15 AM	
05	<b>NO CLASS</b>	06	Elisa C	07	Eldridge A	01	Kim T	02	Sara S	03	Patti H	04	Rachel D
12	Elisa C	13	Elisa C	14	Eldridge A	08	Ana P	09	Sara S	10	Patti H	11	Rachel D
19	Elisa C	20	Elisa C	21	Eldridge A	15	Vanessa H	16	Sara S	17	Patti H	18	Rachel D
26	Elisa C	27	Elisa C	28	Eldridge A	22	Nuleati W	23	George S	24	Patti H	25	Rachel D
ABSolution 30 5:00 PM		Fire 5:30 PM		TKO 5:30 PM		29 Vanessa H		30 Sara S		31 Patti H		YOGA 10:30 AM	
05	<b>NO CLASS</b>	06	Nola R	07	Russell P			TKO 12:05 PM		STEP 10:20 AM		04	Pauline L
12	Nola R	13	Nola R	14	Russell P			02	Russell P	03	Rachel D	11	Rachel D
19	Nola R	20	Nola R	21	Russell P			09	Russell P	10	Rachel D	18	Pauline L
26	Nola R	27	Nola R	28	Russell P			16	Russell P	17	Rachel D	25	Rachel D
Force 5:30 PM				Zumba^ 6:30 PM				23	Russell P	24	Rachel D		
05	<b>NO CLASS</b>			07	Ana P			30	Russell P	31	Rachel D		
12	Sara S			14	Ana P					Zumba^ 11:30 AM			
19	Sara S			21	Ana P					03	Rachel D		
26	^Rachel D ^			28	Ana P					10	Sixela F		
Zumba^ 6:30 PM										17	Rachel D		
05	<b>NO CLASS</b>									24	Sixela F		
12	Kim T									31	Rachel D		
19	Ana P												
26	Kim T												

**Registered Programs are paid programs. Please visit any World Health Club for more information.\*\***