

# JUNE - 2019 -- CALGARY PLACE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	Sunday
CYCLE 11:15 AM		YOGA 11:15 AM		Rush 11:15 AM		YOGA 11:15 AM		TKO 12:05 PM			
03	Tammy W	04	Honorata K	05	Catt W	06	Hailey C	07	Cory F		
10	Tammy W	11	Honorata K	12	Catt W	13	Hailey C	14	Cory F		
17	Tammy W	18	Honorata K	19	Catt W	20	Hailey C	21	Cory F		
24	Tammy W	25	Honorata K	26	Catt W	27	Hailey C	28	Cory F		
MetX & Core 11:15 AM		CYCLE 12:05 PM		Force 12:05 PM		Zumba^ 12:05 PM		CYCLE 12:05 PM			
03	Catt W	04	Karyn S	05	Kelli H	06	Charmaine T	07	Tammy W		
10	Catt W	11	Karyn S	12	Kelli H	13	Michelle B	14	Tammy W		
17	Catt W	18	Karyn S	19	Kelli H	20	Michelle B	21	Tammy W		
24	Catt W	25	Karyn S	26	Kelli H	27	Kim T	28	Tammy W		
Force 12:05 PM		Vipr/TKO 12:05 PM		CYCLE 12:05 PM		CYCLE 12:05 PM					
03	Elisa C	04	Jason O	05	Scott W	06	Lorraine P				
10	Elisa C	11	Cory F	12	Michelle W	13	David B				
17	Elisa C	18	Cory F	19	Michelle W	20	David B				
24	Elisa C	25	Jason O	26	Michelle W	27	Lorraine P				
Tread N Shred- 12:05 PM		CYCLE 4:45 PM									
03	Cory F	04	Lorne S								
10	Cory F	11	Lorne S								
17	Cory F	18	Lorne S								
24	Cory F	25	Lorne S								
CYCLE 12:05 PM											
03	Lorne S										
10	Lorne S										
17	Lorne S										
24	Lorne S										

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