

APRIL - 2019 -- SUNRIDGE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Fire 09:30 AM		STEP 09:30 AM		StepMix 09:30 AM		MetX & Core 09:30 AM		Fire 09:30 AM		Zumba^ 09:30 AM			
01	Kandi L	02	Kandi L	03	Cindy W	04	Fook S	05	Jumana A	06	Charmaine T		
08	Kandi L	09	TBA	10	Cindy W	11	Fook S	12	Jumana A	13	Charmaine T		
15	Philomena V	16	Kandi L	17	TBA	18	Fook S	19	Jumana A	20	Charmaine T		
22	TBA	23	Kandi L	24	TBA	25	Fook S	26	Jumana A	27	Charmaine T		
29	TBA	30	Kandi L	Force 5:30 PM		Master* Mobility 4:45 PM				TKO 10:30 AM			
Force express 4:45 PM		Strong by Zumba 5:30 PM		03	Danielle S	04	Eric B			06	Jacelyn O		
01	Jerremy M	02	Constanza S	10	Danielle S	11	Eric B			13	Jacelyn O		
08	Jerremy M	09	Constanza S	17	Danielle S	18	Eric B			20	Jacelyn O		
15	Jerremy M	16	Constanza S	24	Danielle S	25	Eric B			27	Jacelyn O		
22	Jerremy M	23	Constanza S			Zumba^ 5:30 PM							
29	Jerremy M	30	Constanza S			04	Sam G						
Zumba^ 5:30 PM						11	Jerremy M						
01	Jerremy M					18	Sam G						
08	Jerremy M					25	Jerremy M						
15	Jerremy M												
22	Jerremy M												
29	Jerremy M												