

# APRIL - 2019 -- MIDNAPORE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 08:45 AM		MetX & Core 09:40 AM		CYCLE 09:40 AM		TKO 09:40 AM		CYCLE 09:40 AM		TKO 09:15 AM		CYCLE 09:15 AM	
01	Brittany C	02	Jodi B	03	Naliya M	04	Tanya R	05	Jodi B	06	Jodi B	07	Jose B
08	Wendy A	09	Jodi B	10	Naliya M	11	Tanya R	12	Jodi B	13	Jodi B	14	Jose B
15	Wendy A	16	Jodi B	17	Naliya M	18	Tanya R	19	Jodi B	20	Jodi B	21	Jose B
22	Brittany C	23	Jodi B	24	Naliya M	25	Tanya R	26	Jodi B	27	Jodi B	28	Jose B
29	Brittany C	30	Jodi B	ABSolution 30 10:30 AM		LIFT 5:45 PM		ABSolution 30 10:30 AM		CYCLE 09:40 AM		Zumba^ 09:30 AM	
TKO 09:30 AM		Zumba^ 5:45 PM		03	Wendy A	04	Cory F	05	Jodi B	06	Wendy A	07	Kimberly A
01	Wendy A	02	Sixela F	10	Wendy A	11	Cory F	12	Jodi B	13	Wendy A	14	Kimberly A
08	Wendy A	09	Rachel D	17	Wendy A	18	Cory F	19	Jodi B	20	Jessica (M	21	Sixela F
15	Wendy A	16	Sixela F	24	Wendy A	25	Cory F	26	Jodi B	27	Jessica () M	28	Kimberly A
22	Wendy A	23	Sixela F	POUND 30min 5:15 PM		Zumba^ 6:45 PM				Strong by Zumba 10:30 AM		MetX & Core 10:45 AM	
29	Wendy A	30	TBA	03	Sara S	04	Kimberly A			06	Lu P	07	Cory F
CYCLE 5:45 PM		YOGA 6:45 PM		10	Sara S	11	Kimberly A			13	Lu P	14	Cory F
01	Jessica M	02	Jaimee S	17	Sara S	18	Kimberly A			20	Lu P	21	Cory F
08	Cory F	09	Hailey C	24	Sara S	25	Kimberly A			27	Lu P	28	Cory F
15	Jessica (M	16	Hailey C	Force 5:45 PM						YOGA 11:30 AM			
22	Jessica () M	23	Hailey C	03	Sara S					06	Elyte B		
29	Jessica (BHC) M	30	Hailey C	10	Sara S					13	TBA		
ABSolution 30 6:30 PM				17	Sara S					20	Elyte B		
01	Cory F			24	Sara S					27	Elyte B		
08	Cory F												
15	Cory F												
22	Cory F												
29	Cory F												