

FEBRUARY - 2019 -- MIDNAPORE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 08:45 AM		MetX & Core 09:40 AM		CYCLE 09:40 AM		TKO 09:40 AM		CYCLE 09:40 AM		TKO 09:15 AM		CYCLE 09:15 AM	
04	Brittany C	05	Jodi B	06	Naliya M	07	Wendy A	01	Jodi B	02	Jodi B	03	Jose B
11	Dorthea B	12	Jodi B	13	Naliya M	14	Wendy A	08	Jodi B	09	Jodi B	10	Jose B
18	NO CLASS	19	Jodi B	20	Brittany C	21	Tanya R	15	Jodi B	16	Jodi B	17	Jose B
25	Brittany C	26	Jodi B	27	Dorthea B	28	Tanya R	22	Jodi B	23	Jodi B	24	Jose B
TKO 09:30 AM		Zumba^ 5:45 PM		ABSolution 30 10:30 AM		LIFT 5:45 PM		ABSolution 30 10:30 AM		CYCLE 09:40 AM		Zumba^ 09:30 AM	
04	Tanya R	05	Jerremy M	06	Elyte B	07	Cory F	01	Jodi B	02	Jessica (M)	03	Kimberly A
11	Wendy A	12	Jerremy M	13	Elyte B	14	TBA	08	Jodi B	09	Cory F	10	Kimberly A
18	Wendy A	19	Rachel D	20	No class	21	TBA	15	Jodi B	16	Jessica (M)	17	Kimberly A
25	Tanya R	26	Rachel D	27	Elyte B	28	TBA	22	Jodi B	23	Tanya R	24	Kimberly A
CYCLE 5:45 PM		YOGA 6:45 PM		POUND 30min 5:15 PM		Zumba^ 6:45 PM		Zumba^ 6:00 PM		Strong by Zumba 10:30 AM		MetX & Core 10:45 AM	
04	Cory F	05	Hailey C	06	Elyte B	07	Kimberly A	01	Rachel D	02	Lu P	03	Cory F
11	Cory F	12	Jaimee S	13	Elyte B	14	Kimberly A	08	Rachel D	09	Lu P	10	Cory F
18	NO CLASS	19	Hailey C	20	Sara S	21	Kimberly A	15	Kimberly A	16	Lu P	17	Wendy A
25	Jessica (BHC) M	26	Jaimee S	27	Sara S	28	Kimberly A	22	Rachel D	23	Lu P	24	Wendy A
ABSolution 30 6:30 PM				Force 5:45 PM						YOGA 11:30 AM			
04	Cory F			06	Judy R					02	Elyte B		
11	Cory F			13	Sara S					09	Elyte B		
18	NO CLASS			20	Sara S					16	Elyte B		
25	Elyte B			27	Sara S					23	Elyte B		

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