

# DECEMBER - 2018 -- NORTH HILL

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 08:45 AM		Fire 09:30 AM		CYCLE 09:15 AM		TKO 09:30 AM		CYCLE 09:15 AM		TKO 09:00 AM		Force 09:00 AM	
03	Francesca R	04	Elisa C	05	Marisa B	06	Ron C	07	Lindsey W	01	Ron C	02	Patti H
10	Marisa B	11	Philomena V	12	Marisa B	13	Ron C	14	Lindsey W	08	Ron C	09	Patti H
17	Francesca R	18	George S	19	Marisa B	20	Ron C	21	Lindsey W	15	Ron C	16	Kelli H
24	<b>NO CLASS</b>	25	<b>NO CLASS</b>	26	Marisa B	27	Ron C	28	Lindsey W	22	Ron C	23	Kelli H
31	<b>NO CLASS</b>	ABSolution 30 4:00 PM		Zumba^ 09:30 AM		Master* Mobility 11:00 AM		Zumba^ 09:30 AM		CYCLE 09:15 AM		Zumba^ 10:00 AM	
Force 09:30 AM		04	Evie W	05	Jumana A	06	Anthony H	07	Kim T	CYCLE 09:15 AM		Zumba^ 10:00 AM	
03	Francesca R	11	Evie W	12	Jumana A	13	Anthony H	14	Vanessa H	01	Jose B	02	Noy W
10	Francesca R	18	Evie W	19	Jumana A	20	Anthony H	21	Kim T	08	Jose B	09	Jessica M
17	Francesca R	25	<b>NO CLASS</b>	26	Jumana A	27	Anthony H	28	Kim T	15	Jose B	16	Jessica M
24	Kelli H	Force 4:30 PM		YOGA 4:30 PM		Force 4:30 PM		Force 5:30 PM		22	Jose B	23	Kelli H
31	Kelli H	Force 4:30 PM		YOGA 4:30 PM		Force 4:30 PM		Force 5:30 PM		29	Jose B	30	Kelli H
YOGA 4:30 PM		04	Evie W	05	Gary C	06	Rachel D	07	Jodie B	Master Mobility 30 10:05 AM		YOGA 11:15 AM	
03	Rob W	11	Evie W	12	Gary C	13	Rachel D	14	<b>NO CLASS</b>	Master Mobility 30 10:05 AM		YOGA 11:15 AM	
10	Rob W	18	Evie W	19	Gary C	20	Rachel D	21	Jodie B	01	Ron C	02	Gita G
17	Rob W	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>	27	Rachel D	28	Jodie B	08	Ron C	09	Gita G
24	<b>NO CLASS</b>	Zumba^ 5:30 PM		CYCLE 4:45 PM		Zumba^ 5:30 PM				15	Ron C	16	Gita G
31	<b>NO CLASS</b>	Zumba^ 5:30 PM		CYCLE 4:45 PM		Zumba^ 5:30 PM				22	Ron C	23	Gita G
CYCLE 4:45 PM		04	Kim T	05	Lindsey W	06	Jumana A			29	Ron C	30	Gita G
03	Lindsey W	11	Jessica M	12	Lindsey W	13	Jumana A			ABSolution 30 10:35 AM			
10	Lindsey W	18	Kim T	19	Lindsey W	20	Jumana A			ABSolution 30 10:35 AM			
17	Lindsey W	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>	27	Jumana A			ABSolution 30 10:35 AM			
24	<b>NO CLASS</b>	CYCLE 5:30 PM		Rush 5:30 PM		CYCLE 5:30 PM				ABSolution 30 10:35 AM			
31	<b>NO CLASS</b>	CYCLE 5:30 PM		Rush 5:30 PM		CYCLE 5:30 PM				ABSolution 30 10:35 AM			
LIFT 5:30 PM		04	Marie N	05	Lindsey W	06	Jose B			ABSolution 30 10:35 AM			
03	Jeff E	11	Marie N	12	Lindsey W	13	Jose B			ABSolution 30 10:35 AM			
10	Jeff E	18	Marie N	19	Lindsey W	20	Jose B			ABSolution 30 10:35 AM			
17	Jeff E	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>	27	Jose B			ABSolution 30 10:35 AM			
24	<b>NO CLASS</b>	ABSolution 30 6:30 PM				ABSolution 30 6:30 PM				ABSolution 30 10:35 AM			
31	<b>NO CLASS</b>	ABSolution 30 6:30 PM				ABSolution 30 6:30 PM				ABSolution 30 10:35 AM			
Zumba^ 6:30 PM		04	Jeff E			06	Jeff E			Zumba^ 11:05 AM			
03	Michelle B	11	Jeff E			13	Jeff E			Zumba^ 11:05 AM			
10	Michelle B	18	Jeff E			20	Jeff E			Zumba^ 11:05 AM			
17	Michelle B	25	<b>NO CLASS</b>			27	Jeff E			Zumba^ 11:05 AM			
24	<b>NO CLASS</b>	YOGA 7:15 PM				YOGA 7:15 PM				YOGA 12:10 PM			
31	<b>NO CLASS</b>	YOGA 7:15 PM				YOGA 7:15 PM				YOGA 12:10 PM			
Michelle B		04	Terra F			06	Rob W			YOGA 12:10 PM			
Michelle B		11	Terra F			13	Rob W			YOGA 12:10 PM			
<b>NO CLASS</b>		18	Rob W			20	Rob W			YOGA 12:10 PM			
<b>NO CLASS</b>		25	<b>NO CLASS</b>			27	Fariha N			YOGA 12:10 PM			
<b>NO CLASS</b>		<b>NO CLASS</b>				<b>NO CLASS</b>				YOGA 12:10 PM			
<b>NO CLASS</b>		<b>NO CLASS</b>				<b>NO CLASS</b>				YOGA 12:10 PM			