

DECEMBER - 2018 -- MIDNAPORE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 08:45 AM		MetX & Core 09:40 AM		CYCLE 09:40 AM		TKO 09:40 AM		CYCLE 09:40 AM		TKO 09:15 AM		CYCLE 09:15 AM	
03	Brittany C	04	Jodi B	05	Naliya M	06	Tanya R	07	Jodi B	01	Jodi B	02	Jose B
10	Brittany C	11	Jodi B	12	Naliya M	13	Tanya R	14	Jodi B	08	Jodi B	09	Jose B
17	Brittany C	18	Jodi B	19	Naliya M	20	Tanya R	21	TBA	15	Jodi B	16	Jose B
24	NO CLASS	25	NO CLASS	26	NO CLASS	27	Tanya R	28	Jodi B	22	Jodi B	23	Jose B
31	NO CLASS	Zumba^ 5:45 PM		ABSolution 30 10:30 AM		POUND 30min 5:15 PM		ABSolution 30 10:30 AM		29	Jodi B	30	Jose B
TKO 09:30 AM		04	Ana P	05	Elyte B	06	Elyte B	07	Jodi B	CYCLE 09:40 AM		Zumba^ 09:30 AM	
03	Curtis R	11	Vanessa H	12	NO CLASS	13	Elyte B	14	Jodi B	01	Jessica (BHC) M	02	Kimberly A
10	Curtis R	18	Ana P	19	Elyte B	20	Elyte B	21	No class	08	Jessica (BHC) M	09	Kimberly A
17	Curtis R	25	NO CLASS	26	NO CLASS	27	Elyte B	28	Jodi B	15	Jessica (BHC) M	16	Kimberly A
24	Curtis R	YOGA 6:45 PM		POUND 30min 5:15 PM		LIFT 5:45 PM		Zumba^ 6:00 PM		22	Jessica (BHC) M	23	Maria M
31	Tanya R	04	Ana M	05	Elyte B	06	Cory F	07	Rachel D	29	Jessica (BHC) M	30	Maria M
Vipr/TKO 5:45 PM		11	Ana M	12	Elyte B	13	Cory F	14	NO CLASS	Strong by Zumba 10:30 AM		MetX & Core 10:45 AM	
03	Cory F	18	Ana M	19	Elyte B	20	Cory F	21	Rachel D	01	Lu P	02	Brittany C
10	Cory F	25	NO CLASS	26	NO CLASS	27	Sunshine T	28	Rachel D	08	Lu P	09	Cory F
17	Cory F			Force 5:45 PM		Zumba^ 6:45 PM				15	Lu P	16	Ana M
24	NO CLASS			05	Judy R	06	Kimberly A			22	Constanza S	23	Cory F
31	NO CLASS			12	Judy R	13	Kimberly A			29	Constanza S	30	Ana M
CYCLE 6:30 PM				19	Judy R	20	Kimberly A			YOGA 11:30 AM			
03	Cory F			26	NO CLASS	27	Kimberly A			01	Lisa F		
10	Cory F									08	^Liana ^		
17	Cory F									15	Lisa F		
24	NO CLASS									22	Elyte B		
31	NO CLASS									29	^Liana ^		