

# DECEMBER - 2018 -- MACLEOD

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Strong by Zumba 09:40 AM		Force 09:40 AM		Rush 12:05 PM		CYCLE 12:10 PM		Force 09:40 AM		Force 09:15 AM		Force 09:15 AM	
03	Elisa C	04	George S lift	05	Eldridge A	06	Joey S	07	Patti H	01	Patti H	02	Rachel D
10	Elisa C	11	Elisa C	12	Eldridge A	13	Joey S	14	Patti H	08	Patti H	09	Rachel D
17	Elisa C	18	Elisa C	19	Eldridge A	20	Joey S	21	George S lift	15	Patti H	16	Rachel D
24	Elisa C	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>	27	NO CLASS	28	Gita G lift	22	Rachel D	23	Rachel D
31	Elisa C	ABSolution 30 5:00 PM		TKO 5:30 PM		Zumba^ 5:30 PM		TKO 12:05 PM		29	Rachel D	30	Rachel D
Master* Mobility 12:10 PM		04	Nola R	05	Russell P	06	Vanessa H	07	Russell P	CYCLE 09:15 AM		YOGA 10:30 AM	
03	Joey S	11	Nola R	12	Russell P	13	Vanessa H	14	Russell P	01	Gita G	02	Pauline L
10	Joey S	18	Nola R	19	Russell P	20	Kim T	21	Russell P	08	Gita G	09	Pauline L
17	Joey S	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>	27	Vanessa H	28	Russell P	15	Gita G	16	Pauline L
24	NO CLASS	LIFT 5:30 PM		Zumba^ 6:30 PM						22	Gita G	23	Rachel D
31	NO CLASS	04	Jason O	05	Ana P					29	Gita G	30	Rachel D
ABSolution 30 5:00 PM		11	Jason O	12	Ana P					ABSolution 30 10:00 AM			
03	Nola R	18	Jason O	19	Ana P					01	Gita G		
10	Nola R	25	<b>NO CLASS</b>	26	<b>NO CLASS</b>					08	Gita G		
17	Nola R	Master* Mobility 6:30 PM								15	Gita G		
24	NO CLASS	04	Joey S							22	Gita G		
31	NO CLASS	11	Joey S							29	Gita G		
Force 5:30 PM		18	Joey S							STEP 10:20 AM			
03	Patti H	25	<b>NO CLASS</b>							01	Rachel D		
10	Patti H									08	Rachel D		
17	Rachel D									15	Rachel D		
24	NO CLASS									22	Rachel D		
31	NO CLASS									29	Rachel D		
Zumba^ 6:30 PM										Zumba^ 11:30 AM			
03	Kim T									01	Mariane* B		
10	Vanessa H									08	Mariane* B		
17	Kim T									15	Ana P		
24	NO CLASS									22	Vanessa H		
31	NO CLASS									29	Franco P		