

DECEMBER - 2018 -- CALGARY PLACE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
CYCLE 11:15 AM		YOGA 11:15 AM		Rush 11:15 AM		YOGA 11:15 AM		TKO 12:05 PM					
03	Tammy W	04	Gary C	05	Catt W	06	Hailey C	07	Cory F				
10	Tammy W	11	Gary C	12	Catt W	13	Hailey C	14	Cory F				
17	Tammy W	18	Gary C	19	Catt W	20	Hailey C	21	Cory F				
24	NO CLASS	25	NO CLASS	26	NO CLASS	27	NO CLASS	28	Shane K				
31	NO CLASS	CYCLE 12:05 PM		Force 12:05 PM		Zumba^ 12:05 PM		CYCLE 12:05 PM					
MetX & Core 11:15 AM		04	Karyn S	05	Patti H	06	Kim T	07	Tammy W				
03	Jason O	11	Karyn S	12	Kelli H	13	TBA	14	Tammy W				
10	Jason O	18	Karyn S	19	Kelli H	20	Kim T	21	Tammy W				
17	Jason O	25	NO CLASS	26	NO CLASS	27	NO CLASS	28	NO CLASS				
24	NO CLASS	Vipr/TKO 12:05 PM		CYCLE 12:05 PM		CYCLE 12:05 PM							
31	NO CLASS	04	Cory F	05	Michelle W	06	Lorraine P						
Force 12:05 PM		11	Cory F	12	Michelle W	13	Lorraine P						
03	Elisa C	18	Jason O	19	David B	20	Lorraine P						
10	Elisa C	25	NO CLASS	26	NO CLASS	27	Lorraine P						
17	Elisa C	CYCLE 4:45 PM											
24	NO CLASS	04	Lorne S										
31	NO CLASS	11	Lorne S										
CYCLE 12:05 PM		18	Lorne S										
03	Lorne S	25	NO CLASS										
10	Lorne S												
17	Lorne S												
24	NO CLASS												
31	NO CLASS												